



## District of Columbia Corrections Information Council

# Evidence Based Recidivism Reduction (EBRR) Programs Available at BOP Facilities

### Introduction

The following three charts contain information about EBRR programming available in the federal Bureau of Prisons as indicated by the [First Step Act Approved Program Guide](#)<sup>1</sup>. The first chart is alphabetically organized by EBRR programs available at all BOP facilities and contains a description of each. The second chart is alphabetically organized by facility and lists additional EBRR programs available at specific facilities. The third chart is alphabetically organized according to facility specific EBRR programs, provides a description, and indicates the facility at which it is indicated as available. If you have information regarding the current status of a program at a particular facility, please contact the Corrections Information Council at [dccic@dc.gov](mailto:dccic@dc.gov).

In addition to evidence based recidivism reduction programs, the Bureau of Prisons provides Structured, Curriculum Based Productive Activities (PA). The information on PA starts on page 47 of the referenced First Step Act Approved Program guide.

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<sup>1</sup> Source: United States Department of Justice, Federal Bureau of Prisons, ReEntry Services Division, First Step Act Approved Program Guide, Washington DC, January 2023, [https://www.bop.gov/inmates/fsa/docs/fsa\\_guide\\_eng\\_2023.pdf](https://www.bop.gov/inmates/fsa/docs/fsa_guide_eng_2023.pdf). The First Step Act Approved Program Guide contains information on the EBRR programs and Structured, Curriculum Based Productive Activities (PA).

Evidence Based Recidivism Reduction Programs Offered at **ALL** Bureau of Prisons Facilities as of January 2023.

<b>Name of Program</b>	<b>Brief Description</b>	<b>Hours</b>
Anger Management	Delivered by Psychology Services Staff, Anger Management is a cognitive-behavioral curriculum designed to help individuals better manage their anger.	Typically completed in 18 hours
Apprenticeship Training	Delivered by qualified journeymen in a specific trade the training prepares the student for employment in various trades	Typically completed in 500 hours can be 2,000 to 8,000 hours
Barton Reading & Spelling System	Trained Education staff provide one-to-one tutoring to address the condition of dyslexia.	Typically completed in 500 hours
Basic Cognitive Skills	Delivered by Psychology Services Staff, the participants learn basic concepts including the rules for rational thinking and the use of Rational Self-Analysis.	Typically completed in 24 hours
Bureau Literacy Program	Credentialed contractors or Education Staff assist individuals attain their GED.	Typically completed in 240 hours
Certification Course Training	Education Staff or Federal Industries Staff teach specific job skills which lead to a recognized credential or certificate.	Typically completed in 50 hours
Cognitive Processing Therapy	Psychology Services Staff provide 12 sessions of intervention to address Posttraumatic Stress Disorder.	Typically completed in 10-12 hours
Criminal Thinking	Delivered by Psychology Services staff, the program helps participants see how criminal thinking errors impact decisions in daily life.	Typically completed in 27 hours
Dialectical Behavior Therapy	Psychology Services Staff teach participants self-management of emotions and distress.	Typically completed in 50 hours
Emotional Self-Regulation	Psychology Services staff help participants explore emotions and patterns of behavior and learn strategies for managing difficult emotions.	Typically completed in 24 hours
English-As-A Second Language	Teaches English grammar, reading, comprehension, writing, and vocabulary to non-native speakers.	Typically completed in 500 hours.
Faith-Based Conflict Management Program	Teaches anger management skills, interpersonal communication, and conflict resolution through things like journaling, motivational interviewing, and use of therapeutic community.	Typically completed in 10 hours.

Family Programming Series	Program is designed to help participants strengthen family relationships by changing dynamics, building healthy partnerships, connecting with family, becoming a caregiver, and parenting skills.	Typically completed in 40 hours.
Hooked on Phonics	Education Staff assist early readers to develop English language reading capacity.	Typically completed in 500 hours.
Illness Management and Recovery	Delivered by Psychology Services Staff, the program provides treatment for individuals diagnosed with serious mental illness.	Typically completed in 60 hours
Money Smart for Adults	Delivered by Business Office staff, Unit Team staff, or qualified volunteers or contractors, the program teaches participants the importance of savings and the basics of building or repairing credit.	Typically completed in 32 hours
Money Smart for Older Adults	Delivered by Business Office staff, Unit Team staff, or qualified volunteers or contractors, the program teaches participants how to prevent elder financial exploitation and encourage advance planning and informed financial decision-making.	Typically completed in 28 hours.
National Parenting from Prison Program	Delivered by a Special Population Program Coordinator, Reentry Affairs Coordinator, Social Worker, Correctional Counselor, the program focuses on parenting basics.	Typically completed in 40 hours
Non-residential Drug Abuse Program	Psychology Services staff conduct 90-120 minute weekly sessions for 12-16 weeks. The content provides skill building opportunities in the areas of rational thinking, communication skills, and community adjustment.	Typically completed in 24 hours
Residential Drug Abuse Program (I'm not sure to be honest but I think this is all institutions. BOP document said to check a chart on pg53 but there was nothing there, though on page 50 it did say this was in all institutions)	Operated as a modified therapeutic community focusing on individual lifestyle changes, not simply abstinence from drug use through social learning and mutual self-help.	A minimum of 500 hours of face-to-face treatment in a unit-based component is required.
Resource Tools for Reentry for	Designed to help prepare participants for challenges of reintegrating into society in the topics of ID documentations, housing, employment, healthcare, and mental health.	Typically completed in 24 hours

Transgender Individuals		
Seeking Safety and Seeking Strength	Delivered by Psychology Services staff, the program addresses the concurrent concerns of trauma and substance abuse.	Typically completed in 15 hours
Social Skills Training	Psychology Services staff focuses on improving social skills of individuals suffering from schizophrenia.	Typically completed in 60 hours
Stronger Together Emerging Proud	A gender-responsive and trauma informed care designed to provide a safe, supportive place for participants to discuss shared experiences as a transgender person, build resilience, and create a support system.	Typically completed in 28 hours
Threshold Program	Delivered by the leadership in Chaplaincy Services or credentialed religious community volunteers, contractors, or mentors, the faith-based, non-residential program provides grounding in positive values. Ordinarily, participants are within 24 months of release.	Typically completed in 72 hours
Transition Acceptance	The program is designed to provide a supportive place for participants to explore the journey they're on with their gender transition.	Typically completed in 24 hours
Vocational Training	Education and Federal Prison Industries staff or qualified volunteers or contractors provide specific marketable training in a variety of trades including: building trades, welding, HVAC, and construction.	Typically completed in 125 hours.
Women's Basic Financial Literacy Program	The Special Populations Coordinator, Education, Business Office staff or volunteers teach women strategies to meet their financial reentry goals.	Typically completed in 18 hours
Women's Career Exploration Series	The three part gender-responsive and trauma informed care series taught by the Special Populations Coordinator, Education staff or volunteers provides women with strategies to succeed in the workplace.	Typically completed in 32 hours

The following locations have the evidence based recidivism reduction programs indicated.

FCP	Alderson	Assert Yourself, Foundation, RDAP, Resolve
FCI	Aliceville	Assert Yourself, Foundation, Life Connections, Resolve
USP	Allenwood	Challenge, Mental Health Step Down, UNICOR
FCI	Allenwood Low	RDAP
FCI	Allenwood Medium	RDAP
FCI	Ashland	Resolve, UNICOR
USP	Atlanta	Mental Health Step Down, UNICOR
USP	Atwater	Challenge, UNICOR
USP	Beaumont	Challenge, RDAP, UNICOR
FCI	Beaumont Low	Post-Secondary, RDAP,
FCI	Beckley	Brave, RDAP, UNICOR
FCI	Bennettsville	Post-Secondary
FCI	Big Spring	
FCM	Butner	Mental Health Step Down
FCI	Butner Medium I	RDAP, UNICOR
FCI	Butner Medium II	RDAP
USP	Canaan	Challenge, RDAP
FMC	Carswell	Assert Yourself, Foundation, Life Connections, RDAP, Resolve, Sex Offender Treatment (non-residential)
USP	Coleman	Challenge, Foundation, Resolve, UNICOR
USP	Coleman II	Challenge, RDAP
FCI	Coleman Low	RDAP, (chart says Skills Program is at FCI Coleman (M))
FCI	Cumberland	Post-Secondary, RDAP, Resolve, UNICOR
FCI	Danbury	Assert Yourself, Female Integrated Treatment (FIT), Foundation, RDAP, Resolve, Skills Program
FMC	Devens	Sex Offender treatment (residential)
FCI	Dublin	Assert Yourself, Foundation, Post-Secondary, RDAP, Resolve, UNICOR
FCI	Edgefield	RDAP, Resolve, UNICOR
FCI	El Reno	Brave, RDAP, UNICOR
FCI	Elkton	RDAP, UNICOR, Sex Offender Treatment (non-residential)
FCI	Englewood	Post-Secondary, RDAP, Sex Offender Treatment (non-residential), UNICOR

FCI	Fairton	RDAP, UNICOR
FCI	Florence	RDAP
USP	Florence	Resolve, Stages,
USP	Florence ADMAX	Resolve
FCI	Forest City Low	RDAP
FCI	Forrest City Medium	RDAP, UNICOR
FCI	Fort Dix	RDAP, UNICOR
FMC	Fort Worth	Mental Health Step Down, RDAP,
FCI	Gilmer	Post-Secondary, UNICOR
FCI	Greenville	Assert Yourself, BRAVE, Foundation, RDAP, Resolve, UNICOR
MDD	Guaynabo	Assert Yourself, Foundation
FCI	Hazelton	Assert Yourself, Female Integrated Treatment, Foundation (SFF Hazelton), Resolve,
USP	Hazelton	Challenge,
FCI	Herlong	RDAP
FDC	Honolulu	Assert Yourself, Foundation
FCI	Jesup	RDAP, UNICOR
USP	Lee	Challenge
USP	Leavenworth	Life Connections, RDAP, Resolve, UNICOR
USP	Lewisburg	RDAP, Resolve,
FMC	Lexington	Assert Yourself, Foundation, RDAP, Resolve, UNICOR
FCI	Lompoc	Post-Secondary, RDAP, UNICOR
USP	Lompoc	
FCI	Loretto	Resolve
FCI	Manchester	UNICOR
FCI	Mariana	Assert Yourself, Foundation, RDAP, Resolve, Sex Offender Treatment (non-residential), UNICOR
USP	Marion	RDAP, Sex Offender Treatment Program (residential & non-residential), UNICOR
USP	McCreary	Challenge
FCI	McKean	RDAP
FCI	Memphis	RDAP, UNICOR
FCI	Miami	RDAP, UNICOR
FCI	Milan	Life Connections, Post-Secondary, RDAP, Sex Offender Treatment (non-residential), UNICOR
FCI	Oakdale I	UNICOR

FTC	Oklahoma	Assert Yourself, Foundation,
FCI	Otisville	Resolve
FCI	Oxford	RDAP, Resolve,
FCI	Pekin	Assert Yourself, Foundation, Resolve,
FCI	Petersburg Low	Life Connections, RDAP
FCI	Petersburg Medium	RDAP, Sex Offender Treatment (non-residential), UNICOR
FDC	Philadelphia	Assert Yourself, Foundation
FCI	Phoenix	Foundation, RDAP, Resolve, UNICOR
USP	Pollock	Challenge
FCI	Pollock	UNICOR
FCI	Ray Brook	Post-Secondary, RDAP
FCI	Schuylkill	RDAP, UNICOR
FCI	Seagoville	RDAP, Sex Offender Treatment (non-residential), UNICOR
FDC	Seatac	Assert Yourself, Foundation
FCI	Sheridan	RDAP, Resolve
MCFP	Springfield	RDAP
FCI	Talladega	UNICOR
FCI	Tallahassee	Assert Yourself, Foundation, RDAP, Resolve, UNICOR
FCI	Terre Haute	Life Connections, RDAP, Stages, UNICOR
USP	Terre Haute	Challenge, Resolve
FCI	Texarkana	RDAP, UNICOR
FCI	Tucson	Assert Yourself, Challenge, Foundation, Sex Offender Treatment (non-residential)
USP	Victorville	UNICOR
FCI	Victorville Medium I	Assert Yourself, Brave, Foundation, Resolve
FCI	Victorville Medium II	Resolve
FCI	Waseca	Assert Yourself, Foundation, Post-Secondary, RDAP, Resolve, UNICOR
FCI	Williamsburg	Brave, Post-Secondary
USP	Yazoo City	UNICOR
FCI	Yazoo City Low	Post-Secondary, RDAP

The following evidence based recidivism reduction programs are at the locations indicated.

<b>Name of Program</b>	<b>Brief Description</b>	<b>Hours</b>	
Assert Yourself (Female)	The Special Program Coordinator or Unit Team staff teach women to be assertive while respecting others' boundaries.	Typically completed in 8 hours	FPC Alderson, FCI Aliceville, FMC Carswell, FSL Danbury, FCI Dublin, FCI Greenville, MDD Guaynabo, SFF Hazelton, FDC Honolulu, FMC Lexington, FCI Mariana, FTC Oklahoma, FCI Pekin, FDC Philadelphia, FCI Phoenix, FDC Seatac, FCI Tallahassee, FCC Tucson, FCI Victorville Medium I, FCI Waseca
BRAVE (Residential)	Psychology Services staff facilitate institutional adjustment for young males serving their first federal sentence.	Typically completed in 500 hours	FCI Beckley, FCI El Reno, FCI Greenville, FCC Victorville Medium I, FCI Williamsburg
Challenge (Residential)	Psychology Services staff provide residents who have a history of drug use or a serious mental illness with treatment in a modified therapeutic community.	Typically completed in 500 hours	USP Allenwood, USP Atwater, USP Beaumont, USP Canaan, UPS Coleman I & II, USP Hazelton, UPS Lee, USP McCreary, USP Pollock, USP Terre Haute, USP Tucson
Female Integrated Treatment (Residential)	Psychology Services and Education staff offer integrated cognitive behavioral therapy for substance abuse disorders, mental illness, and trauma related disorders.	Typically completed in 500 hours	FSL Danbury, SFF Hazelton
Foundation	The Special Population Program Coordinator and Social Worker assist women in assessing and advocating for their individual needs to meet their reentry goals.	Typically completed in 15 hours	FCP Alderson, FCI Aliceville, FMC Carswell, USP Coleman I, FCI Danbury, FCI Dublin, FCI Greenville, MDD Guaynabo, SFF Hazelton, FDC Honolulu, FMC Lexington, FCI Mariana, FTC Oklahoma, FCI Pekin, FDC Philadelphia, FCI Phoenix, FDC Seatac, FCI Tallahassee, FCC Tucson, FCI Victorville Medium I FCI Waseca
Life Connections Program (Residential)	Staff of Chaplaincy Services, credentialed volunteers or contractors engage the	Typically completed	FCI Aliceville, FMC Carswell, USP Leavenworth, FCC Milan, FCC Petersburg, USP Terre Haute,



	participants in community service projects, mentoring, and release preparation consist with the participant's religious beliefs and value systems.	in 500 hours	
Mental Health Step Down (Residential)	Unit-based, residential program offered by Psychology Services staff to maximize the participant's ability to function while minimizing relapse and the need for inpatient hospitalization.	Typically completed in 500 hours	USP Allenwood, USP Atlanta, FCC Butner, FMC Forth Worth
Post-Secondary Education	Courses offered to those who have completed their high school equivalency requirements. College level courses lead to either an Associates' or Bachelors' degree.	500 hours is the maximum earnable.	FCI Beaumont, FCI Bennettsville, FCI Cumberland, FCI Dublin, FCI Englewood, FCI Gilmer, FCC Lompoc, FCI Milan, FCI Ray Brook, FCI Waseca, FCI Williamsburg, FCI Yazoo City Low
Resolve Program	The goal of the program is to decrease the incidence of trauma-related disorders and improve level of functioning.	20-90 hours	FCP Alderson, FCI Aliceville, FCI Ashland, FMC Carswell, FCI Coleman, USP Coleman, FCI Cumberland, FCI Danbury, FCI Dublin, FCI Edgefield, ADX Florence, USP Florence, FCI Greenville, SFF Hazelton, USP Leavenworth, USP Lewisburg, FMC Lexington, FCI Loretto, FCI Mariana, FCI Otisville, FCI Oxford, FCI Pekin, FCI Phoenix, FCI Sheridan, FCI Tallahassee, USP Terre Haute, FCI Victorville Medium I & II, FCI Waseca
Sex Offender Treatment Program (Non-Residential)	Voluntary programming designed to target dynamic risk factors associated with re-offense in sexual offenders.	Typically completed in 150 hours	FMC Carswell (women only), FCI Elkton, FCI Englewood, FCI Mariana, USP Marion, FCI Milan, FCI Petersburg, FCI Seagoville, USP Terre Haute
Sex Offender Treatment Program (Residential)	Individuals who have a history of multiple sexual offenses voluntarily participate in 18 month residential program designed to address attitudes and values.	Typically completed in 500 hours	FMC Devens, USP Marion
Skills Program (Residential)	Unit-based, residential treatment program designed to improve the institutional adjustment of those who have intellectual and social impairments.	Typically completed in 500 hours	FCI Coleman, FCI Danbury,

Stages (Residential)	Unit-based residential psychology treatment program for individuals with a diagnosis of Borderline Personality Disorder. This program aims to prepare individuals for transition to less secure prison settings and promote successful reentry into society.	Typically completed in 500 hours	USP Florence, FCI Terre Haute
UNICOR/Federal Prison Industries	Prepares individuals for successful reentry through job training. FPI currently produces more than 80 types of products and services in 6 business groups: clothing and textiles; electronics; fleet; office furniture; recycling; and services. Workers are hired through waiting lists. Priority is granted to military veterans and persons with financial responsibilities.	Typically completed in 500 hours	FCC Allenwood, FCI Ashland, USP Atlanta, UPS Atwater, FCC Beaumont, FCI Beckley, FCC Butner, FCC Coleman, FCI Cumberland, FCI Dublin, FCI Edgefield, FCI El Reno, FCI Elkton, FCI Englewood, FCI Fairton, FCC Forrest City, FCI Fort Dix, FCI Gilmer, FCI Greenville, FCI Jesup, Leavenworth, FMC Lexington, FCC Lompoc, FCI Manchester, FCI Mariana, USP Marion, FCI Memphis, FCI Miami, FCI Milan, FCC Oakdale, FCC Petersburg, FCI Phoenix, FCC Pollack, FCI Schuylkill, FCI Seagoville, FCI Talladega, FCI Tallahassee, FCI Texarkana, FCC Terre Haute, FCC Victorville, FCI Waseca, FCC Yazoo City